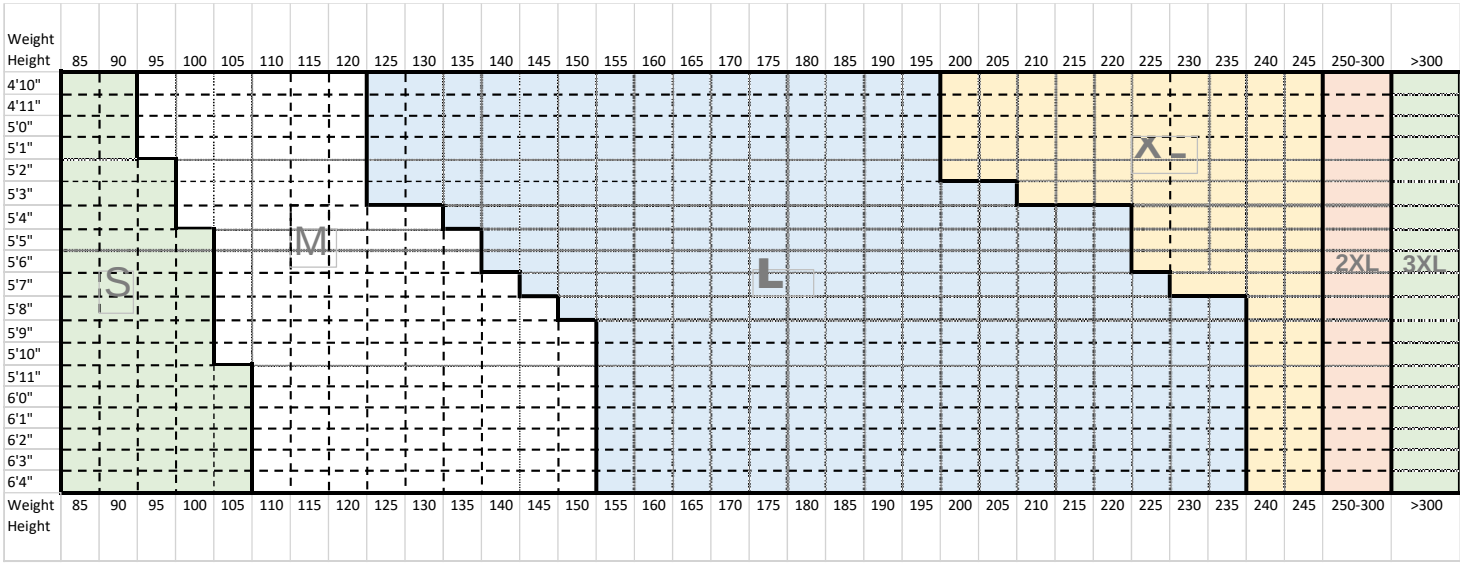
NorthShore®
Be Dry. Be Confident. Be You.

# Adult Brief Sizing Guide

## Selecting the right size brief just got easier!

The Adult Brief sizing guide is a guidance only. Use this guide to find where the height and weight intersects for the right product fit.




| Brief Sizes | Waist Measurements | | |
|---|---|---|---|
| Small | 22" | to | 32" |
| Medium | 28" | to | 44" |
| Large | 40" | to | 58" |
| Xlarge | 48" | to | 64" |
| XXLarge | 53" | to | 69" |
| Bariatric (3XL) | 64" | to | 110" |